

OWNER'S MANUAL

HUMERAL FRACTURE SPLINT (UPPER)

SKU: SUP3015



HUMERAL FRACTURE SPLINT (UPPER)

WHAT'S INCLUDED

- 1x Humeral Fracture Splint (A)
- 1x Arm Sling (B)
- 4x Square Additional Pads (C)



SIZING

Fits left or right shoulder.

Shoulder Strap: 64" Max, measure around shoulder and under the opposite arm.

Bicep Circumference: 28.5" Max Fit

APPLICATION

Assistance may be required

1. Adjust the length of the body strap to accommodate the circumference of the chest.
2. Loosen the bicep straps to be large enough to fit around the arm.
3. Insert the arm through the bicep strap, then wrap the body strap around the back and pull under the uninjured arm. Fasten the buckle at the front over the chest.



4. Tighten the front strap to fit snug, but comfortable.



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Adjust the underarm pad for comfort.



****Loop the excess strap into the plastic loop****



5. Tighten the bicep straps to fit snug, but comfortable.



6. (Optional) For additional padding, use the 4 square pads to cushion anywhere on the humeral splint.



ARM SLING:

Can be worn alone or with the humeral fracture splint.

1. Wrap the strap around the neck on the opposite shoulder. Wrap under the affected arm, support the injured arm, and connect the buckle to the front.



2. Tighten the strap to fit snug, but comfortable. Adjust the shoulder pad for comfort.



TRIMMING THE EXCESS STRAPS

Each strap on the humeral splint comes with removable Y-straps to allow for a custom fit if the straps are too long.

1. Remove the Y-straps.



2. Use the folding method to test the length before cutting. Mark the location you wish to cut, fold at this point, and then reattach the Y-strap to the fold to test the adjusted length before cutting.



****If you do not wish to cut the straps, you can keep using this folding method during use****

3. Once the strap length is confirmed you can cut and reattach the Y-straps.



CARE INSTRUCTIONS

HUMERAL FRACTURE SPLINT:

- Remove inner padding. Hand wash cold with mild detergent.
- Hang dry.

ARM SLING:

- Hand wash cold with mild detergent.
- Hang dry.

WARNING

- Application should be done by a licensed professional.
- Assistance may be required during the application of this support.
- Consult your doctor before use.
- Stop use if pain occurs or worsens.
- Do not over tighten. Doing so may lead to restricted blood circulation.
- If you experience any pain, swelling, sensation changes, or any unusual reaction while using this product please consult your doctor immediately.
- Do not machine wash or dry the brace.

UNDERSTANDING HUMERAL FRACTURE SPLINT

A humeral fracture splint is a device used to immobilize and support a fractured humerus (upper arm bone). The purpose of the splint is to restrict movement of the arm and prevent further injury, allowing the bone to heal properly. A humeral fracture orthosis will be fitted by a professional orthotist upon request from a doctor and is usually worn for several weeks, or until the bone has fully healed and regained full range of motion and strength.



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